Autism awareness - booklist

Some books are available to borrow at our libraries or can be reserved online and picked up in your local library

Some books are available as eBooks or eAudiobooks on BorrowBox

| Title | Author | Source/Recom mendation | Audience | Genre |
|---|--|------------------------|----------------------|---------------------|
| Odd Girl Out | Laura James | BorrowBox | Adult | Non- Fictio n |
| A Different Sort of Normal | Abigail Balfe | BorrowBox | Adult | Non- Fictio n |
| Disability Visibility | Alice Wong | BorrowBox | Adult | Non- Fictio n |
| 6 Super Skills for Executive Functioning | Lara Honos- Webb PhD | BorrowBox | Adult | Non- Fictio n |
| Autism and You: Learning in Styles | Diana Friedlander EdD, Karen Burke EdD | BorrowBox | Adult | Non- Fictio n |
| The Autism Revolution | Martha Herbert MD, PhD; Karen Weintraub | BorrowBox | Adult | Non- Fictio n |
| Autism Spectrum Disorder | Francis Tabone | BorrowBox | Adult | Non- Fictio n |
| The ASD independence workbook | Francis Tabone, PhD | BorrowBox | Young Adult/Adult | Non- Fictio n |
| The Reason I Jump | Naoki Higashida | Reading Well | Adult | Fictio n |
| The Curious Incident of the Dog in the Night-time | Mark Haddon | Reading Well | Young Adult/Adult | Fictio n |
| M is for Autism | The Students Limpsfield Grange School and Vicky Martin | Reading Well | Young Adult/Adult | Non- Fictio n |



| | | Source/Recom | | |
|-----------------------------------|---------------|--------------|------------------------|-----------|
| Title | Author | mendation | Audience | Genre |
| Autism | Louise | Reading Well | Families | Non- |
| | Spilsbury | | | Fictio |
| | | | | n |
| Through the Eyes of Me | Jon Roberts | BookTrust | Children | Pictur |
| | and Hannah | Recommends | (interest | e |
| | Rounding | | level 3-5 | book |
| T | | D 17 . | yrs) | 5 |
| Through the Eyes of Us | Jon Roberts | BookTrust | Children | Pictur |
| | and Hannah | Recommends | (interest | e |
| | Rounding | | level 3-6 | book |
| | Malania | Do al-Trust | yrs) | Diaton |
| Isaac and His Amazing Asperger | Melanie | BookTrust | Children | Pictur |
| Superpowers! (2017) | Walsh | Recommends | (interest level 3-6 | e book |
| | | | | book |
| Talking is Not My Thing! (2021) | Rose Robbins | BookTrust | yrs) Children | Pictur |
| Talking is NOt IVIY Thing: (2021) | KOSE KODDIIIS | Recommends | (interest | e |
| | | Recommends | level 3-7 | book |
| | | | yrs) | DOOK |
| Pablo and the Noisy Party (2021) | Pablo | BookTrust | Children | Pictur |
| Table and the Noisy Farty (2021) | 1 4510 | Recommends | (interest | e |
| | | Recommends | level 3-7 | book |
| | | | yrs) | BOOK |
| Me and My Sister (2020) | Rose Robbins | BookTrust | Children | Pictur |
| | | Recommends | (interest | е |
| | | | level 4-6 | book |
| | | | yrs) | |
| The Lost Diary of Sami Star | Karen | BookTrust | Children | Fictio |
| | McCombie | Recommends | (interest | n |
| | | | level 7-11 | |
| | | | yrs) | |
| The Guggenheim Mystery (2019) | Robin | BookTrust | Children | Fictio |
| | Stevens and | Recommends | (interest | n |
| | Siobhan | | level 7-11 | |
| | Dowd | | yrs) | |
| Dandelion Clocks | Rebecca | BookTrust | Children | Fictio |
| | Westcott | Recommends | (interest | n |
| | | | level 9+ yrs) | |
| The London Eye Mystery | Siobhan | BookTrust | Children | Fictio |
| | Dowd | Recommends | (interest | n |
| | | | level 9+ yrs) | |





| Title | Author | Source/Recom mendation | Audience | Genre |
|---|---|--------------------------|---|----------------------|
| The Space We're In (2020) | Katya Balen and Laura Carlin | BookTrust Recommends | Children (interest level 9-11 yrs) | Fictio n |
| Maria and Me: A father, a daughter (and Autism) | Maria Gallardo and Miguel Gallardo | BookTrust Recommends | Children (interest level 9-13 yrs) | Grap hic Novel |
| Anything But Typical | Nora Raleigh Baskin | BookTrust Recommends | Children (interest level 11+ yrs) | Non- Fictio n |
| Mockingbird | Kathryn Erskine | BookTrust Recommends | Children (interest level 11+ yrs) | Fictio n |
| Freaks, Geeks and Asperger Syndrome | Luke Jackson | BookTrust Recommends | Young Adult (interest level 12+ yrs) | Non- Fictio n |
| The State of Grace | Rachael Lucas | BookTrust Recommends | Young Adult (interest level 12+ yrs) | Fictio n |
| How to Look for a Lost Dog | Ann M. Martin | BookTrust Recommends | Young Adult (interest level 12-14 yrs) | Fictio n |
| Car Wash Wish | Sita Brahmachari | BookTrust Recommends | Young Adult (interest level 13+ yrs) | Fictio n |
| Diary of a Young Naturalist | Dara McAnulty | Neuro-Diverse Authors | Children/Yo ung Adult (10+) | Non- Fictio n |
| Paws | Kate Foster | Neuro-Diverse Authors | Children (interest level 6+ yrs) | Fictio n |



| Title | Author | Source/Recom | Audience | Genre |
|---------------------------|---------------|---------------|-------------------------|--------|
| | 7.0.0.0 | mendation | riadionee | |
| A Kind of Spark | Elle McNicoll | Neuro-Diverse | Children/Yo | Fictio |
| | | Authors | ung Adult | n |
| | | | (10+) | |
| Show Us Who You Are | Elle McNicoll | Neuro-Diverse | Children/Yo | Fictio |
| | | Authors | ung Adult | n |
| | | | (10+) | |
| Like A Charm | Elle McNicoll | Neuro-Diverse | Children/Yo | Fictio |
| | | Authors | ung Adult | n |
| | | | (10+) | |
| Do you know me? | Libby Scott | Neuro-Diverse | Young Adult | Fictio |
| | and Rebecca | Authors | (interest | n |
| | Westcott | | level 11-14 | |
| | | | yrs) | |
| Ways to be me | Libby Scott | Neuro-Diverse | Young Adult | Fictio |
| | and Rebecca | Authors | (interest | n |
| | Westcott | | level 11-14 | |
| | 1111 6 11 | N 5' | yrs) | |
| Can You See Me? | Libby Scott | Neuro-Diverse | Young Adult | Fictio |
| | and Rebecca | Authors | (interest | n |
| | Westcott | | level 11-14 | |
| The Coldfish Day | Line | Navaa Divaraa | yrs) | Fiatio |
| The Goldfish Boy | Lisa | Neuro-Diverse | Children | Fictio |
| | Thompson | Authors | (interest level 9-12 | n |
| | | | yrs) | |
| A Thousand Perfect Notes | C.G. Drews | Neuro-Diverse | Children/Yo | Fictio |
| A mousand reflect Notes | C.G. Diews | Authors | ung Adult | n |
| | | Authors | (10+) | '' |
| The Boy Who Steals Houses | C.G. Drews | Neuro-Diverse | Children/Yo | Fictio |
| The Boy Who Steals Houses | C.G. Diews | Authors | ung Adult | n |
| | | 7100.1010 | (10+) | |
| The Kiss Quotient | Helen Hoang | Neuro-Diverse | Adult | Fictio |
| | | Authors | | n |
| The Bride Test | Helen Hoang | Neuro-Diverse | Adult | Fictio |
| | | Authors | | n |
| Shh! We have a Plan | Chris | Neuro-Diverse | Children | Pictur |
| | Haughton | Authors | (interest | e |
| | _ | | level 3-6 | Book |
| | | | yrs) | |
| | | | | |
| | | | | |





| Title | Author | Source/Recom mendation | Audience | Genre |
|---|---|-----------------------------|-----------------------|---------------------|
| How to be Autistic | Charlotte Amelia Poe | Neuro-Diverse Authors | Young Adult/Adult | Non- Fictio n |
| The Spectrum Girl's Survival Guide: How to grow-up awesome | Siena Castellon | Neuro-Diverse Authors | Children/Fa milies | Non- Fictio n |
| Helping Adults with Asperger's Syndrome Get and Stay Hired | Barbara Bissonnette | Somerset Library Service | Adult | Non- Fictio n |
| Self-Determined Future with Asperger Syndrome | Genevieve Edmonds and Bill O'Connell | Somerset Library Service | Adult | Non- Fictio n |
| Older Adults and Autism Spectrum Conditions | Dr Wenn Lawson and Carol Povey | Somerset Library Service | Adult | Non- Fictio n |
| What Colour is Monday? | Carrie Cariello | Somerset Library Service | Adult | Non- Fictio n |
| Thinking in Pictures: and Other Reports from My Life with Autism | Temple Grandin, Deborah Marlowe, et al. | Somerset Library Service | Adult | Non- Fictio n |
| Autism and Me (DVD) | Rory Hoy | Somerset Library Service | Adult | DVD |
| From Here to Maternity: pregnancy and motherhood on the autism spectrum | Lana Grant | Somerset Library Service | Adult | Non- Fictio n |
| Women and Girls with Autism Spectrum Disorder: understanding life experiences from early childhood to old age | Sarah Hendrickx, Judith Gould, et al. | Somerset Library Service | Adult | Non- Fictio n |
| Aspergirls: Empowering Females with Asperger Syndrome | Rudy Simone and Liane Holliday Willey | Somerset Library Service | Adult | Non- Fictio n |
| Pretending to be Normal: Living with Asperger's Syndrome | Liane Holliday Willey and Tony Attwood | Somerset Library Service | Adult | Non- Fictio n |





| Title | Author | Source/Recom mendation | Audience | Genre |
|---|---|-----------------------------|----------|---------------------|
| The Complete Guide to Asperger's Syndrome (2008) | Tony Attwood | Somerset Library Service | Adult | Non- Fictio n |
| The Autistic Brain (2014) | Temple Grandin and Richard Panek | Somerset Library Service | Adult | Non- Fictio n |
| Asperger's Syndrome: The Essential Guide (2020) | Hilary Hawkes and Robert Duffy | Somerset Library Service | Adult | Non- Fictio n |
| Talking Together about an Autism Diagnosis | | Somerset Library Service | Adult | Non- Fictio n |
| Autism Spectrum Disorders: The Complete Guide (2014) | Chantal Sicile-Kira | Somerset Library Service | Adult | Non- Fictio n |
| Understanding Autism (2021) | Yasmin Akhtar | Somerset Library Service | Adult | Non- Fictio n |
| The Autistic Spectrum: A Guide for Parents and Professionals (2003) | Lorna Wing | Somerset Library Service | Adult | Non- Fictio n |
| Autism with Severe Learning Difficulties (2013) | Rita Jordan | Somerset Library Service | Adult | Non- Fictio n |
| Been There, Done That, Try This: An Aspie's Guide to Life on Earth (2014) | Craig R. Evans and Anita Lesko Tony Attwood | Somerset Library Service | Adult | Non- Fictio n |
| It's Raining Cats and Dogs: An Autism Spectrum Guide (2021) | Michael Barton and Delia Barton | Somerset Library Service | Adult | Non- Fictio n |
| The Asperger Social Guide (2006) | Genevieve Edmonds and Dean Worton | Somerset Library Service | Adult | Non- Fictio n |
| Living Well on the Spectrum (2011) | Valerie L. Gaus, Stephen Shore, et al. | Somerset Library Service | Adult | Non- Fictio n |



| Title | Author | Source/Recom mendation | Audience | Genre |
|--|---|-----------------------------|----------|---------------------|
| The New Social Story Book (2015) | Carol Gray | Somerset Library Service | Adult | Non- Fictio n |
| Can't Eat, Won't Eat: Dietary Difficulties and Autistic Spectrum Disorders (2002) | Brenda Legge | Somerset Library Service | Adult | Non- Fictio n |
| Asperger Syndrome and Anxiety: A Guide to Successful Stress Management (2018) | Nick Dubin, Dr Valerie Gaus | Somerset Library Service | Adult | Non- Fictio n |
| The Half of Asperger Syndrome (Autism Spectrum Disorder): A Guide to Living in an Intimate Relationship with a Partner who is on the Autism Spectrum Second Edition (2014) | Maxine Aston | Somerset Library Service | Adult | Non- Fictio n |
| Love, Sex and Long-Term Relationships: What people with Asperger syndrome really really want (2008) | Sarah Hendrickx | Somerset Library Service | Adult | Non- Fictio n |
| Red Beast: Controlling Anger in Children (2008) | K.I. Al-Ghani | Somerset Library Service | Adult | Non- Fictio n |
| The growing up guide for girls: what girls on the autism spectrum need to know! (2015) | Davida Hartman | Somerset Library Service | Adult | Non- Fictio n |
| The growing up book for boys: what boys on the autism spectrum need to know! (2015) | Davida Hartman | Somerset Library Service | Adult | Non- Fictio n |
| Speak, move, play and learn with children on the autism spectrum: Activities to boost communication skills, sensory integration and coordination using simple ideas from speech and language pathology and occupational therapy (2012) | Maciej Zawadzki and Corinda Presley Lois Jean Brady, America X Gonzalez | Somerset Library Service | Adult | Non- Fictio n |
| Parenting a Teen or Young Adult with Asperger Syndrome (2013) | Brenda Boyd | Somerset Library Service | Adult | Non- Fictio n |



Autism support resources

| Name of Website/Re source | Type of Resource | Web Address |
|---|--|---|
| Autistic and Unapologeti | Blog | https://autisticandunapologetic.com/category/autism- entertainment/ |
| WNDB - Diverse Books.Org | Blog | https://diversebooks.org/diverse-autistic-authors-are-changing-neurodiversity-representation-in-books/ |
| National Autistic Society | Charity Website | https://www.autism.org.uk/ |
| B&NES Rainbow Resource | Local Council Support | https://livewell.bathnes.gov.uk/special-educational-need-or-disability-send/rainbow-resource-scheme |
| SEND Partnership | Local Council Support | https://livewell.bathnes.gov.uk/special-educational-need-or-disability-send |
| Project Search | Local Support/ Work Placement | https://www.bathnes.gov.uk/services/skills-and-local- employment/Ways-Into-Work/project-search |
| Bath College | Independe nt Living Courses | https://www.bathcollege.ac.uk/foundation-learning-and-send |
| Good Reads | Book List with ASD rep | https://www.goodreads.com/list/show/79978.Best Fiction with Characters Having Autism |
| Faces Autism Support | Family support in Bath | https://www.facesautismsupport.org.uk/ |
| Adult Social Care for Adults with Autism | Local Council Support | https://beta.bathnes.gov.uk/support-adults-autism#:~:text=National%20Autism%20Society%20(NAS)&text=The%20National%20Autistic%20Society's%20Avon,and%20some%20of%20North%20Somerset. |
| BASS Autism Services for Adults | NHS Local Support | https://www.awp.nhs.uk/our-services/specialist- services/bristol-autism-spectrum-service/bristol-autism- spectrum-service |

